



NINE WAYS TO REDUCE PLASTIC WASTE AT HOME

WHY DOES IT MATTER?

Plastic waste pollutes our oceans, harms wildlife, and contributes to climate change. Reducing plastic use helps protect the planet and our communities. At Clean Energy Credit Union, we believe that everyday choices—like the way we store leftovers or brew tea—can build a more sustainable future.

Small swaps = big impact.



HOW PLASTIC SNEAKS INTO OUR ROUTINES

Plastic shows up in more places than we realize—our kitchens, bathrooms, even our bodies. From microplastics in tea bags to toxic chemicals in plastic containers, everyday choices quietly affect our health and the planet.



REDUCE YOUR PLASTIC USE

- Say no to cellophane
- Store leftovers in glass or silicone
- Reuse glass jars
- Use a tea strainer instead of bags
- Reduce Single-Use Plastics



- Make eco-friendly confetti
- Swap plastic sponges for loofahs
- Reuse plastic when you must use it
- DIY your hand sanitizer
- Use bars instead of bottles in the shower

IT'S TIME TO TAKE ACTION!

